



Definition of Intellectual Disability

The Primary Eligibility Criteria used by INAS-FID is based upon the American Association on Intellectual and Developmental Disability (AAIDD, 2002) definition of intellectual disability which is consistent with that of the World Health Organisation (WHO, ICD- 10 and ICF, 2001), and states:

“Intellectual Disability is a disability characterised by significant limitation both in intellectual functioning and in adaptive behaviour as expressed in conceptual, social and practical adaptive skills. This disability originates before the age of 18”

The INAS-FID Primary Eligibility Criteria

Based upon the above definition, the INAS-FID Primary Eligibility Criteria to compete in intellectual disability sport is:

- a)** Significant impairment in intellectual functioning. This is defined as 2 standard deviations below the mean, that is, a Full Scale score of 75 or lower.

Diagnosis must be made using an internationally recognised and professionally administered IQ test recognised by INAS-FID (see note 1 below)

- b)** Significant limitations in adaptive behaviour as expressed in conceptual, social, and practical adaptive skills. This is defined as performance that is at least 2 standard deviations below the mean of, either:
- i. One of the following 3 types of adaptive behaviour: conceptual, social, or practical skills
 - ii. An overall score on a standardised measure of conceptual, social and practical skills.

Diagnosis must be made using an internationally recognised and professionally administered standardised measure that has been norm-referenced on the general population including people with disabilities (see note 2 below).

- c)** Intellectual disability must be evident during the developmental period, which is from conception to 18 years of age (see note 3 below).

Athletes **must meet all 3 elements** of the criteria to be eligible for consideration for intellectual disability sport.

Primary Evidence Requirements and further notes

1. Intellectual Functioning

Intellectual functioning must be measured using an internationally recognised and professionally administered IQ test. INAS-FID recognises the most recent, standardised variations of:

- Wechsler Intelligence Scales – WISC (for children aged 6-16) or WAIS (for adults aged 16-90), for example HAWIE, SSAIS and MAWIE etc
- Stanford-Binet (for ages 2-85+)
- Raven Matrices

The psychologist must provide a report that:

- Is presented on formal letter-headed paper including-
 - Psychologists name and qualifications
 - Address, phone/fax number and email address
- States when and where the assessment was done (ie. date, location)
- States the name and version of the test used.
- Includes a short summary of each domain/sub-test and the score achieved.
- States the results of the tests, showing clearly the FULL SCALE IQ.
- Includes a copy of the summary sheet showing all scores. This will look similar to Image 1.
(Note: it is not necessary to send a copy of all pages).

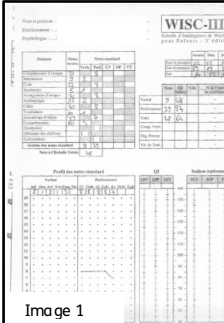


Image 1

The assessment and report must be **no more than 5 years old**.

2. Adaptive Behaviour

Limitations in adaptive behaviour affect both daily life and the ability to respond to life changes and environmental demands. Adaptive Behaviour must be measured using a standardised measure that has been norm-referenced on the general population including people with disabilities e.g. Vineland Adaptive Behaviour Scales, ABAS or AAMR Adaptive Behaviour Scales.

In countries where no such test exists, assessment may be made by clinical observations over a period of time. Assessment should be made in the areas of communication, self-care, self-direction, social/interpersonal skills and ability to respond to life changes and environmental demands.

The psychologist should provide a report that:

- Is presented on formal letter-headed paper including-
 - Psychologists name and qualifications
 - Address, phone/fax number and email address
- States when and where the assessment was done (ie. date, location)
- States the name/method of the test used.
- Includes a summary under each domain including:
 - Communication
 - Self-care
 - Self-direction
 - Social/interpersonal skills
 - Ability to respond to life changes and environmental demand
- Includes a clear summary/final diagnosis stating clearly whether the person has significant limitations in Adaptive Behaviour.
- Includes a copy of the summary sheet showing all scores. This will look similar to Image 2
(Note: it is not necessary to send a copy of all pages).



Image 2

The assessment and report must be **no more than 5 years old**.

3. Age of Onset before the age of 18

Age of Onset must be demonstrated by an IQ test conducted before the Age of 18, or by a signed declaration from a current psychologist stating clearly the evidence upon which this diagnosis is based.